# Shape Memory Polyurethane Microcapsules with Active Deformation

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**ABSTRACT:** From smart self-tightening sutures and expandable stents to morphing airplane wings, shape memory structures are increasingly present in our daily life. The lack of methods for synthesizing intricate structures from them on the micron and submicron level, however, is stopping the field from developing. In particular, the methods for the synthesis of shape memory polymers (SMPs) and structures at this scale and the effect of new geometries remain unexplored. Here, we describe the synthesis of shape memory polyurethane (PU) capsules accomplished by interfacial polymerization of emulsified droplets. The emulsified droplets contain the monomers for the hard segments, while the continuous aqueous phase contains the soft segments. A trifunctional chemical cross-linker for shape memory PU synthesis was utilized to eliminate creep and improve the recovery ratios of the final capsules. We observe an anomalous dependence of the recovery ratio with the amount of programmed strain compared to previous SMPs. We



develop quantitative characterization methods and theory to show that when dealing with thin-shell objects, alternative parameters to quantify recovery ratios are needed. We show that while achieving 94–99% area recovery ratios, the linear capsule recovery ratios can be as low as 70%. This quantification method allows us to convert from observed linear aspect ratios in capsules to find out unrecovered area strain and stress. The hollow structure of the capsules grants high internal volume for some applications (e.g., drug delivery), which benefit from much higher loading of active ingredients than polymeric particles. The methods we developed for capsule synthesis and programming could be easily scaled up for larger volume applications.

**KEYWORDS:** polyurethane microcapsules, shape memory polymers, interfacial polymerization, core/shell structures, shape-changing behaviors

# INTRODUCTION

Shape memory polymers (SMPs) are a class of smart materials.<sup>1-3</sup> Their existing surgical applications (self-tightening sutures)<sup>4</sup> only hint at their far-reaching potential and emerging areas, including robotics,<sup>5,6</sup> aerospace,<sup>7</sup> smart clothing,<sup>8</sup> soft and flexible electronic devices,<sup>9,10</sup> 4D printing,<sup>11,12</sup> and biomedical engineering,<sup>13–15</sup> (e.g., drug carrier,<sup>16</sup> orthoses,<sup>17</sup> occlusion devices,<sup>18</sup> and stents,<sup>19</sup>). These materials exhibit programmed shape change in response to various external stimuli, including heat, water, solvents, electric/ magnetic fields, microwave, ultrasound, light, pressure, and so forth.<sup>20-23</sup> Drawing on cross-discipline research from fields including mechanics, materials, chemistry, biomedicine, and so forth, many macroscale SMPs and their composites have been developed. In addition to programmable shapes, SMPs have been incorporated in actuators, yielding programmable movement.<sup>24</sup> Recently, we have developed a combinatorial strategy to incorporate multiple functions in polymer networks by simultaneous or successive interpenetration.<sup>25</sup> The trend toward miniaturization opens opportunities for SMP nano-/

micro-sized actuators for biomedical applications, for example, the defined positioning of medical devices in brain surgery or reduced reagent consumption in bioanalytics. Microscopic devices with shape-changing structures may provide new concepts of drug targeting and release/delivery using shape-dependent lock-and-key biorecognition.<sup>26</sup> Though a large number of macroscale structures and morphologies have been designed from many different polymers showing the shape memory effect, when scaling SMPs devices to the micrometer level, it is a challenge to maintain the shape memory function. Emulsified droplets may provide a promising bottom-up approach to fabricate such functional micro- and

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nanoparticles,  $^{27}$  a strategy also compatible with polymerization.  $^{28}$ 

Current research on shape memory effects is focusing on bulk film, fiber, or foam polymer materials.<sup>29–31</sup> For the microstructure, mainly micropatterning the surface of an SMP film was investigated.<sup>32,33</sup> Micro-/nanoparticles with shape memory properties had limited prior studies. Nonspherical polymer colloid nanoparticles with shape memory effect have been reported in 2005.<sup>34</sup> Notably, Lendlein's group developed shape memory micro-/nanoparticles used for drug delivery.<sup>35</sup> These previous studies demonstrated a promising application of such materials in programmable pharmaceuticals, but a major challenge is the limited drug loading, which hollow capsules can help to overcome.

Therefore, we designed and synthesized a class of polyurethane (PU) core/shell microcapsules that demonstrate the shape memory effect. As far as we know, this phenomenon has not been described before with core/shell capsules. The merits of these microcapsules include easy fabrication, tunable morphologies, large deformation, and excellent shape memory properties. The shape memory PU (SMPU) microcapsules were fabricated via initial emulsification of reagents separated in oil/water phases, followed by interfacial polymerization process. The effect of cross-linking of the polymer shell on the programmable behavior of shapes was investigated. Importantly, the change from film to sphere-like geometry has resulted in the need for alternative methods to characterize the capsules' shape memory performance to be compared more consistently.

#### EXPERIMENTAL SECTION

Fabrication of Core/Shell PU Microcapsules. SMPU microcapsules were fabricated in different conditions (Table 1). The

Table 1. SMPU Capsules Fabricated in Different Conditions

oil phase 5 mL	water phase 40 mL 1% PVA			
DN 3300	PEG 4600	BDO	speed	time
(g)	(g)	(g)	(rpm)	(min)
0.252	1.15	0.059	5000	15
0.252	1.15	0.059	10,000	15
0.252	1.15	0.059	15,000	15
	oil phase 5 mL DN 3300 (g) 0.252 0.252 0.252	water pl 40 mL 1%           DN 3300         PEG 4600           (g)         (g)           0.252         1.15           0.252         1.15           0.252         1.15           0.252         1.15	water phase         water phase           d0 mL 1% PVA         40 mL 1% PVA           DN 3300         PEG 4600         BDO           (g)         (g)         (g)           0.252         1.15         0.059           0.252         1.15         0.059           0.252         1.15         0.059           0.252         1.15         0.059	water phase 40 mL 1% PVA         speed           DN 3300         PEG 4600         BDO         speed           (g)         (g)         (g)         (rpm)           0.252         1.15         0.059         5000           0.252         1.15         0.059         10,000           0.252         1.15         0.059         15,000

aliphatic triisocyanate Desmodur N 3300 (0.252 g, DN 3300, molecular weight is 504, Bayer) was added into 5 mL of dioctyl terephthalate (DOT, Sigma-Aldrich) oil. Polyethylene glycol (1.15 g, PEG, molecular weight is 4600 g/mol) was dissolved into 1 wt % polyvinyl alcohol (PVA, 86-89% hydrolyzed, medium molecular weight, Sigma-Aldrich) deionized (DI) water solution (water phase). The two solutions were mixed together and emulsified at different rates (i.e., 5000, 10,000, and 15,000 rpm) for 15 min at room temperature using an IKA Ultra-Turrax homogenizer. The obtained emulsion was transferred into a three-neck flask, which was heated by an oil bath to maintain the temperature at 65 °C for 30 min under nitrogen atmosphere. Finally, 0.059 g of the chain extender 1,4butanediol (BDO) (Sigma-Aldrich) was added into the flask and the temperature was increased to 80 °C for 4 h. SMPU microcapsules were also obtained by replacing DN 3300 with an equal number of moles of polyisocyanate Desmodur N 100 (DN 100). SMPU microcapsules were washed by DI water five times and collected by centrifugation to separate the capsules from the water phase (12,000 rpm for 30 min).

**Shape Memory Behavior of Microcapsules.** The resulting SMPU microcapsules were added into 5 mL of 10 wt % PVA solution,

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which was poured onto an 8.5 diameter Petri dish. After evaporating the water, a solid PVA film was obtained and stretched to different degrees at 80  $^{\circ}$ C and 10  $^{\circ}$ C/min (using dimethylacetamide in tensile model, TA). The PVA of the programmed film was dissolved in DI water at room temperature to obtain a suspension of microcapsules with ellipsoidal shape (the temporary shape). When reheating the programmed microcapsule suspension or powder above the shell polymer-transition temperature, they returned from the ellipsoidal (temporary) shape to the spherical (permanent) shape.

**Characterization.** The morphology and structure of microcapsules were characterized using scanning electron microscopy (SEM, FEI Nova Nano) with sputtering Pt for 1 min. The mean diameters of microcapsules in different conditions were calculated by ImageJ. The shape recovery process was monitored by putting the stretched SMPU microcapsules on a heat stage with circulating water with temperature above the transition temperature of the microcapsule shell polymer, observing and recording the shape recovery process with a fluorescence optical microscope (Zeiss Axio Observer Z1m inverted optical microscope with an Hg lamp excitation source) at different magnifications. The videos and images of the fluorescent microcapsules were obtained with the AxioCamHRc digital camera. Differential scanning calorimetry (DSC, TA) was carried out to test the thermal properties of the capsules from -80 to 100 °C at a heating and cooling rate of 10 °C/min in a nitrogen atmosphere.

# RESULTS AND DISCUSSION

In this work, a series of multiblock copolymer SMPU capsules with urethane linkages (-NHCOO-) were synthesized by using one of the two aliphatic triisocyanates Desmodur N 100 (DN 100) and Desmodur N 3300 (DN 3300). The chemical structure of different monomers and the synthesis procedure and chemical structure of SMPU are shown in Figures S1 and S2 (Supporting Information). DOT, a high boiling point oil, was used as the core material in the microcapsules, which guarantees the capsules' thermal stability during the heating required for their stretching and shape recovery. Figure 1 shows the schematic representation of the three-step preparation of the core/shell SMPU microcapsules (DN 3300-based SMPU capsules are shown as an example): (i)



**Figure 1.** Schematic illustration of the fabrication of SMPU capsules. (a) water phase with PEG and PVA and the oil phase with DN 3300 and DOT were homogenized using an IKA Ultra-Turrax for 15 min to make uniform oil microdroplets; (b) emulsion was stirred and heated at 65 °C for 30 min, and the –CNO groups of DN 3300 were linked to the chain ends of PEG at the oil/water interface; and (c) BDO was added in the water phase and the reaction temperature changed to 80 °C for 4 h to allow a second cross-linking reaction between DN 3300 and BDO and obtain the final core/shell microcapsules.

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**Figure 2.** Characterization of microcapsules produced at different stirring conditions. (a-c) SEM images of SMPU microcapsules generated from 5000, 10,000, and 15,000 rpm, respectively. (d) Average diameter of SMPU microcapsules produced at different stirring speeds, showing a negative proportional relationship between speed and average size. (e) Representative SEM image of the PU microcapsule, showing the core/shell structure with partially empty void and a wall thickness of 930 nm for a large microcapsule. (f) DSC thermogram of SMPU capsules, including cooling and second heating curves.

the oil-in-water emulsification was carried out by homogenizing the lipophilic DN 3300/DOT (or DN 100/DOT) solution with the aqueous phase containing the stabilizer and the hydrophilic monomer, yielding microsized oil droplets in water; (ii) interfacial polymerization where the lipophilic monomer (DN 3300 or DN 100) reacts with the hydrophilic monomer (PEG) in the oil/water interface forming the initial shell material around the microdroplets; and (iii) a second cross-linking of the polymer shell upon addition of the chain extender BDO. A lipophilic fluorescent dye, dissolved in the initial oil phase, was used to allow an easier detection of the shape change of the small capsules. In SMPU capsule systems, isocyanates act as the hard segment responsible for the permanent shape. The semicrystalline PEG serves as the switchable phase that controls the temporary shape. The transition temperature is determined by the melting temperature of the PEG. The chemical structure of isocyanates plays an important role in the network and shape recovery behavior.

Under various reaction conditions (Table 1), we successfully obtained several SMPU capsules with different diameters. Figure 2a-c shows the SEM images of SMPU microcapsules exhibiting smooth surfaces. The mean diameter of these capsules was controlled by the stirring speed in the emulsification step. Figure 2d shows the diameter distribution, indicating that the mean diameter decreases from 9 to 1.5  $\mu$ m with stirring speed increasing from 5000 to 15,000 rpm. The capsule size can be further controlled by factors such as stirring time for emulsification and the surfactant used (Table 1). From mechanically crushed or uncompleted capsules that partially or completely released their core materials, it was possible to corroborate their core/shell structure and estimate the shell thickness, as previously showed,<sup>36-38</sup> which ranged from 300 to 950 nm, depending on the capsule size (Figures 2e and S3). For the large capsules, attempts of measuring the shell thickness through transmission electron microscopy failed because of the high electron density and large electron pathway through the capsule volume, which make the shell and the core materials impossible to differentiate. For the smaller capsules, the thickness can be observed clearly (Figure S4). As shown in Figure 2f, the melting temperature  $(T_m)$  of DN 3300-based SMPU microcapsule shell polymer is around 55  $^\circ C$  and  $\Delta H_{
m m}$ is 11.60 J/g. The  $T_{\rm m}$  is low enough to allow stretching of the microcapsules without requiring very high temperature, which

could cause degradation of encapsulated materials. The capsule size did not affect the  $T_{\rm m}$  of the capsule shell.

Furthermore, in order to evaluate the effect of the monomer structure on the thermal properties of the microcapsules and their ability to recover their shape, we fabricate the DN 100based SMPU microcapsules with different diameters (Figure S5, Supporting Information).

It must also be noticed that in all cases, the isocyanate functionality might undergo competing reactions with the water and PVA molecules of the aqueous phase. The reaction with  $H_2O$  molecules yields amines, which can then react with isocyanate groups forming polyurea. However, because of the reduced water reactivity, the amount of polyurea formed in the shell polymer is negligible. In the same way, the reactivity of the isocyanate functionality with the PVA stabilizer is negligible, possibly because of the more hindered hydroxyl group, compared to PEG and BDO. Therefore, most of the polymer structure is made by cross-linked PU formed from the reaction of the isocyanates (DN 3300 or DN 100) and the alcohols (PEG and BDO).

The scheme illustrating the shape programming and shape recovery processes of the microcapsules is shown in Figure 3a. The microcapsules were stretched by embedding them in a polymer film, which is elongated while heated above its glasstransition temperature  $(T_g)$ . PVA was chosen as the polymer matrix because (i) it is a thermoplastic film-forming polymer which can trap microcapsules using the casting method;<sup>3</sup> (ii) it can be stretched when heated above its  $T_{\sigma i}$  (iii) it has a  $T_{\sigma}$  around 70 °C (Figure S6), that is, it can be heated at higher temperature than the  $T_{\rm m}$  of PU, allowing to reach the melting point of the PU shell polymer and therefore the thermally induced capsule deformation upon film stretching; and (iv) it is water-soluble, which means it allows to recover and characterize the deformed microcapsules upon film dissolution. The microcapsules were dispersed into the PVA solution, which was then cast onto a Petri dish. A solid film with capsules embedded in was obtained when the water evaporated. The formed film was heated at 80 °C to assure a temperature above both the  $T_g$  of PVA<sup>40</sup> and the  $T_m$  of PU transition temperatures. Capsules with temporary fixed ellipsoidal shape were obtained after dissolving the stretched PVA film in water at room temperature. The stretched ellipsoidal capsules and the thermally induced shape recovery process were monitored with fluorescence microscopy.



**Figure 3.** Shape memory behaviors of the synthesized microcapsules. (a) Schematic illustration of the programming and recovery process of SMPU microcapsules. The microcapsules were first embedded in a PVA film to thermally induce their stretching. The isolated programmed microcapsules are obtained after dissolving the PVA in water. At  $T > T_{\rm mv}$  the microcapsules recover their original shape. The whole process can then be repeated. (b) Fluorescent images of the programmed and shape recovery behavior of SMPU capsules. The AR changed from 1.66 for the temporary shape to 1.06 for the recovered shape. The shape recovery happened at 60 °C and took about 30 s to complete.

The ellipsoidal (temporary) shapes of SMPU microcapsules can be fixed according to the above-mentioned method. We also demonstrated the shape recovery behavior. Taking the SMPU microcapsules stretched to 80%, for example, Figure 3b shows the shape recovery process of DN 3300-based SMPU microcapsules. The ellipsoidal capsules were placed in a water bath. Heating the sample to 60 °C, the ellipsoidal shape capsules recover the spherical shape after several seconds with a shape recovery ratio of 88.5%. The whole process was recorded in a fluorescence microscope (see Movie S1, Supporting Information). The DN 100-based SMPU capsules also exhibit excellent shape recovery properties (Figure S7, Movie S2, Supporting Information).

For a quantitative description of programming and recovery of the SMP capsules, we measured the aspect ratio (AR) of the longest axis l to the shortest axis d. Prolate spheroids (temporary shape) were obtained by stretching phantoms to different ratios. AR<sub>programmed</sub> is the maximum AR under load, AR<sub>fixed</sub> is the AR for deformed capsules, and AR<sub>recovered</sub> is the AR for recovered capsules. For the original spherical shape, the AR<sub>original</sub> = 1. The calculation is shown in the Supporting Information.

In order to investigate quantitatively the shape memory effect of SMPU microcapsules, we stretched the PVA film embedding the microcapsules to different strains (increasing the film size 50, 80, 100, 120, 150, and 200% with respect to the original length). The optical microscopy images of DN 3300-based SMPU capsules (with fluorescent dye) in the PVA matrix are shown in Figure S8. Figure 4a shows the SEM



**Figure 4.** Detailed analysis of recovery status for microcapsules programmed to different stains. (a) SEM images of DN 3300-based SMPU microcapsules with different stretching ratios (50, 80, 100, and 120%) and shape recovery after heating. The images of the stretched and shape-recovered capsules are taken from aliquots of the same suspension, before and after heating. All scale bars are  $10 \ \mu m$ . (b) AR of deformed and recovered microcapsules at different stretching ratios. All the samples successfully regained near-spherical shape with the AR close to 1. (c) Continuously increasing surface area ratio between the stretched ellipsoid and the recovered shape. (d) Trend of liner recovery ratio for stretched capsules at different stretched ratios. Hypothesis: sphere volume = ellipsoid volume; radius is 1, units have no effect on this trend. (e) Surface area increase percent of stretched capsules at different stretched ratios.

images of SMPU microcapsules subjected to different degrees of elongation (50, 80, 100, and 120%), yielding ellipsoidal microcapsules, and the respective recovered spherical shape after thermal treatment. When stretching the capsules to 150%, some microcapsules begin to break (Figure S9a, Supporting Information). All microcapsules broke after stretching to 200% (Figure S9b, Supporting Information). The shape fixity ratios are higher than 80% (as shown in Figure S10). When reheating the ellipsoidal capsules (no break) above the  $T_{\rm m}$  of SMPU (60 °C), the predeformed capsules recovered their spherical shapes. The change of ARs after the shape recovery process is shown in Figure 4b. Regardless of the programmed AR, SMPU microcapsules exhibit good shape memory properties and effective return to spherical shape, with recovered ARs near 1. The surface area of deformed ellipsoids was calculated based on the measured ARs (Figure 4c), and the detailed calculation are shown in the Supporting Information. For drug delivery applications, the surface area strongly affects the diffusion rate of the internal content. With such a large surface area change, the capsule has the potential to modulate the drug

release rate. The linear shape recovery ratios at different stretch ratios are shown in Figure 4d. Notably, this trend differs greatly from those previously reported for film geometries. Therefore, it is necessary to establish a new method to properly evaluate and compare the shape recovery efficiency for microcapsules and nanocapsules. We propose to compare the recovered surface area and the theoretical surface area of the original sphere, and such method yields results that are more closely comparable to those reported for thin films. The surface area recovery ratios, as the linear recovery ratios, also increase monotonically with an increase in programmed AR, but their values are much higher, close to 100%, Figure 4e. These are values expected for cross-linked PU films and put in perspective the observed linear recovery ratios.

#### CONCLUSIONS

In summary, we describe a general method for synthesizing PU shape memory microcapsules. Based on emulsification and interfacial polymerization, it is a scalable method to obtain microcapsules with potential applications in drug delivery. The synthesis of PU microcapsules is based on aliphatic triisocyanates (both DN 3300 and DN 100), which grant excellent shape memory effects. We show that the molecular structures of the chemical monomers play an import role in controlling the cross-linking density, which determined the shape recovery properties of SMPs and microstructures made from them. The shell geometry of the polymer in these microcapsules leads to nonlinear responses of these structures compared to SMP films. We have therefore proposed novel methods to relate the change in apparent AR of the capsules to surface area changes instead, which allows a closer comparison of shape memory behavior between the microcapsules and the traditional polymer films.

## ASSOCIATED CONTENT

# **Supporting Information**

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acsami.0c14882.

Details of materials used, characterization, chemical structures of hard segments, synthesis procedure and chemical structure, SEM images, TEM images, optical image of shape recovery behavior, optical microscopy images, DN 3300-based SMPU capsules, and shape fixity ratio (PDF)

Shape recovery process of DN 3300-based SMPU microcapsules (AVI)

Shape recovery process of DN 100-based SMPU capsules (AVI)

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#### **Author Contributions**

The manuscript was written through contributions of all authors. All authors have given approval to the final version of the manuscript.

# Notes

The authors declare no competing financial interest.

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