



Book reviews

Magnetic programming of 4D printed shape memory composite structures

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ABSTRACT

4D printed shape memory polymers and their composites are currently a highly topical research area. The potential applications for 4D printed smart materials are wide-reaching, with particular promise for personalized medicine. In this work, we 4D printed various structures made of biocompatible and biodegradable polylactic acid (PLA) and PLA/Fe₃O₄ composite filaments. The shape memory behaviors of the 4D printed structures triggered by magnetic field were investigated. The printed structures can return to their original shapes with a high speed in just a few seconds. Moreover, the structures like bone tissues printed by PLA/Fe₃O₄ composites filaments with 15% Fe₃O₄ were actuated by magnetic field at 27.5 kHz. During the shape recovery process, surface temperature of the printed structures is uniform and around 40 °C. This physiologically relevant operating temperature range is a highly attractive feature for potential healthcare and biomedical applications.

1. Introduction

4D printing technology is a rapidly emerging new area of research that refers to the additive manufacturing of shape memory structures [1–3]. 4D printed structures have wide range of potential applications in aerospace [4], flexible electronic devices [5], photo responsive device [6], and biomedical science [7–10]. Compared to traditional additive manufacturing technologies [11], 4D printing is an attractive approach to integrate smart materials with structure manufacturing [12]. The advantages of 4D printing is that the printed structures show shape changing behaviors depending on time [13]. The smart materials for 4D printing include shape memory polymers (SMPs) [14], shape memory alloys (SMAs) [15], shape memory hydrogels [16], and liquid crystal elastomers [17]. Among these materials, SMPs have attracted increasing attention in recent few years due to the low cost, easy processing, and large, reversible deformation capability [18–21]. 4D printed structures can return to the original shape in response to one or multiple external stimuli, including heat, light, water, electrical and magnetic fields.

A group of researchers at MIT first reported 4D printing technology combining SMPs with 3D printing in 2013 [22]. Later, increasing numbers of researchers are focusing on the subject to obtain suitable SMP structures using additive manufacturing technology, thereby further expanding the range of application areas for smart polymers

[23–25]. At present, 4D printing is a highly specific technique, in which different printing machines and methods require specific optimization of material properties. Suitable printing methods include PolyJet [26], digital light processing (DLP) [27], direct-writing (DW) [28], and fused deposition modeling (FDM) [29,30]. Notably, Ge et al. printed SMPs with origami structures shown the self-organization function [26]. In addition, Huang et al. fabricated the UV cured SMPs and 4D printed complex structures by DLP [27]. Furthermore, Wei et al. used DW printer to fabricate polylactic acid (PLA) nanocomposite micro-scaffolds [28]. More recently, Zhang et al. printed a textile tube functional composite by FDM and demonstrated the shape recovery force and behaviors [29].

In particular, 4D printed SMPs and structures play a significant role in biomedical science, due to the requirements of personalized implant devices and medicine [31]. Potential 4D structures include cell culture [32], tissue engineering scaffolds [27,33,34], tracheal stents [20], drug carriers [35], and implant devices [36,37]. Due to the shape-changing and recovery properties of SMPs, 4D printed implant devices have clear advantages in clinical operations, including biodegradability, low invasive and remote intervention approach, and non-contact control [27]. Compared to the reported work, it is significant and highly desirable to develop a class of smart composite filaments with multiple functions and remote actuation for biomedical engineering.

Herein, we fabricated pure PLA filaments and magnetic PLA/Fe₃O₄

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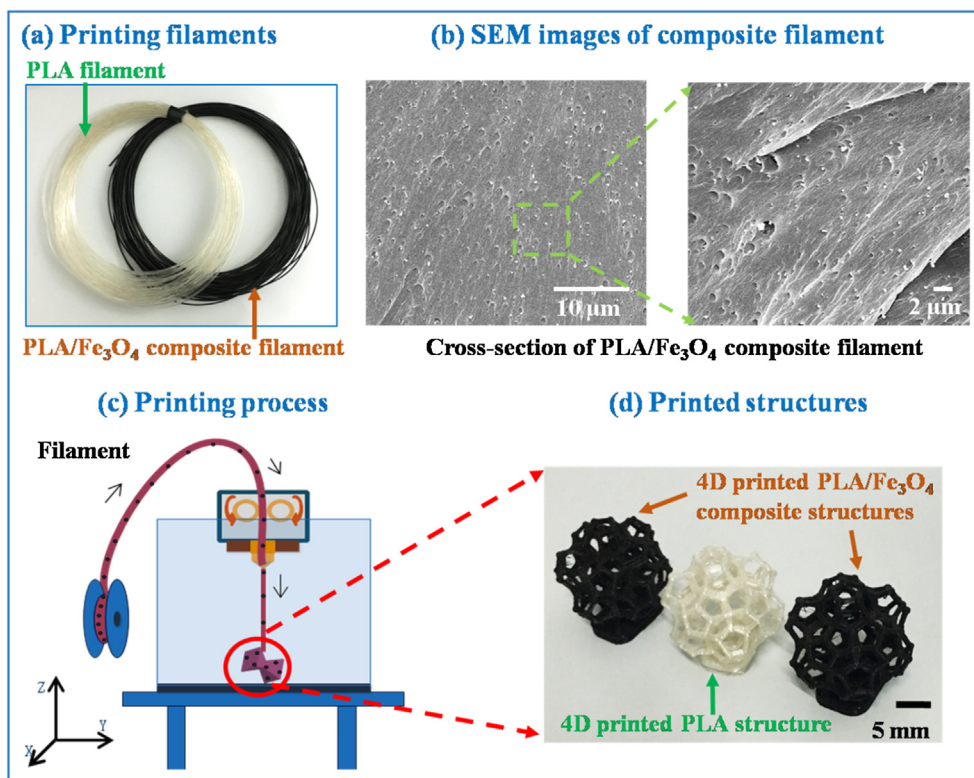


Fig. 1. 4D printing: (a) PLA and PLA/Fe₃O₄ printing filaments; (b) SEM images of composite filament; (c) printing process; (d) printed structures. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

composite filaments with shape memory effect of remotely controlled actuation. The properties of the filaments were analyzed using differential scanning calorimeter (DSC), thermogravimetric analysis (TGA), Fourier transform infrared spectroscopy (FT-IR), dynamic mechanical analyzer (DMA) and scanning electron microscopy (SEM). Moreover, the filaments were printed into different structures by fused deposition modeling (FDM). The shape changing behaviors and thermal distribution of 4D printed structures were investigated. Furthermore, we 4D printed composite shape memory structures in the shape of spinal bones and demonstrated their shape deployable process under magnetic field.

2. Experimental section

2.1. Fabrication of filaments

Poly-lactic acid (PLA) based SMP filaments from Harbin Institute of Technology (HIT) [29] and Fe₃O₄ particles were purchased from Aladdin Chemistry Co., Ltd., Shanghai, China and used without any pretreatment. PLA was dissolved in CHCl₂ solvent at room temperature, Fe₃O₄ particles were added in PLA solution to make the Fe₃O₄/PLA composite with mass fractions of 10%, 15% and 20%. PLA/Fe₃O₄ composite filaments were fabricated by a double screw extruder (CTE 20, Coperion Nanjing Machinery Co., Ltd) with six temperature controllers for optimal mixing of composites. The extruder was firstly heated with temperatures at different sections set as 175 °C, 175 °C, 175 °C, 175 °C, 175 °C, and 180 °C, respectively. Then raw materials were added to the feeder. After the six heat sections, the materials went through a cooling system and a tracking device to form the filaments. The diameter of the filament was controlled at 1.75 ± 0.5 mm.

2.2. 4D printing of composite structures

The filaments were added into the FDM printer (Colido 1.0 Plus, Tianwei Co., Ltd). The printing temperature was set to 190 °C. The

diameter of the printer head was 0.5 mm. The printing speed was 2 mm/min.

2.3. Characterization

Differential scanning calorimeter (DSC, DSC 1 STAR System, METTLER TOLEDO) measurements were performed under nitrogen. The samples were heated from 0 to 250 °C and then cooled down to 0 °C at a rate of 10 °C/min. Thermogravimetric analysis (TGA) (TGA/DSC 1 STAR System, METTLER TOLEDO) was carried out. The samples were heated from 25 to 500 °C at a rate of 10 °C/min in nitrogen atmosphere. Fourier transform infrared spectroscopy (FT-IR) of the samples was carried out using PerkinElmer FI-TR Spectrometer Spectrum Two following the attenuated total reflectance method. The spectra were obtained under ambient conditions at a resolution of 2 cm^{-1} and 40 scans for each characterization. The mechanical performance was tested with a dynamic mechanical analyzer (DMA, TA) at a constant frequency of 1 Hz from 25 °C to 150 °C at a heating rate of 10 °C/min. The morphology of PLA/Fe₃O₄ composite filament was observed by FEI Nova Nano SEM FEG. Infrared thermographic images were captured using an infrared camera (JENOPTIK InfraTec) to evaluate the temperature distribution of the 4D printed complex structures during the shape recovery process. All solid state induction heating equipment (HR-BP-30, Zhengzhou Huarui Electromagnetic Technology Co., Ltd, China) was used for measuring shape recovery behavior of the printed structures. Power supply for the equipment is alternating current (AC) 50 Hz, 380 V. The oscillation frequency of the circuit is from 27.5 to 47.5 kHz. Alternating current rectified into direct current and direct voltage is about 440 V.

2.4. Magnetic field induced shape memory behaviors

The shape memory behaviors of 4D printed structures were investigated by magnetic field at 27.5–47.5 kHz.

Table 1
TGA results of PLA/Fe₃O₄ composite filaments with different contents of Fe₃O₄ particles.

Samples	Pure PLA	PLA/Fe ₃ O ₄ 10%	PLA/Fe ₃ O ₄ 15%	PLA/Fe ₃ O ₄ 20%
TD (°C)	161.54	314.42	311.84	302.35
T _{dmax} (°C)	388.24	362.79	354.11	349.10
Residual content	0%	10.53%	14.78%	20.45%

The shape memory behaviors were examined by a bending test using rectangular strip specimens as the permanent shape. The shape fixity ratio (R_f) and the shape recovery ratio (R_r) were calculated based on the following formulas:

$$R_f = \frac{180^\circ - \theta_s}{180^\circ}$$

$$R_r = \frac{\theta_r}{180^\circ - \theta_s}$$

in the formulas above, θ_s is sagging angle when the external force is removed in the cold; θ_r is shape recovery angle in the shape recovery process.

3. Results and discussion

A double screw extruder with six temperature controllers was used to manufacture PLA filaments and PLA/Fe₃O₄ composite filaments, see Fig. 1(a). These shape memory filaments can be used to print complex structures by commercial FDM printers. SEM images of the cross-section of PLA/Fe₃O₄ composite filaments are shown in Fig. 1(b). From the SEM image we can see that Fe₃O₄ magnetic particles are distributed uniformly in the filaments. The printed structures with Fe₃O₄ particles can be triggered in magnetic field, causing the uniform heat. The printing process shown in Fig. 1(c), is controlled by the temperature of

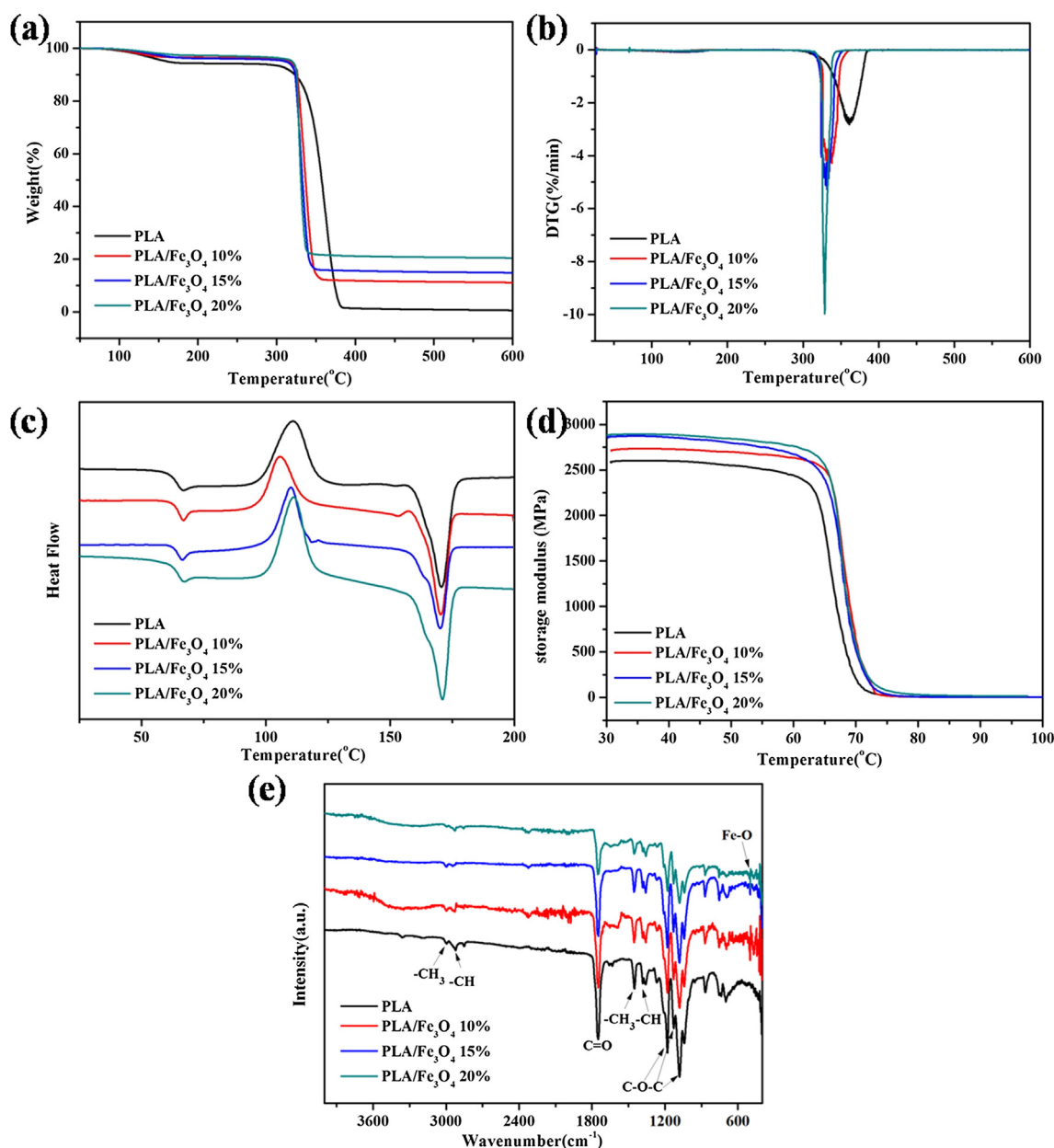


Fig. 2. PLA/Fe₃O₄ composite filaments with different contents of Fe₃O₄: (a) TGA curves, (b) DTG curves, (c) DSC curves, (d) DMA images and (e) FTIR. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

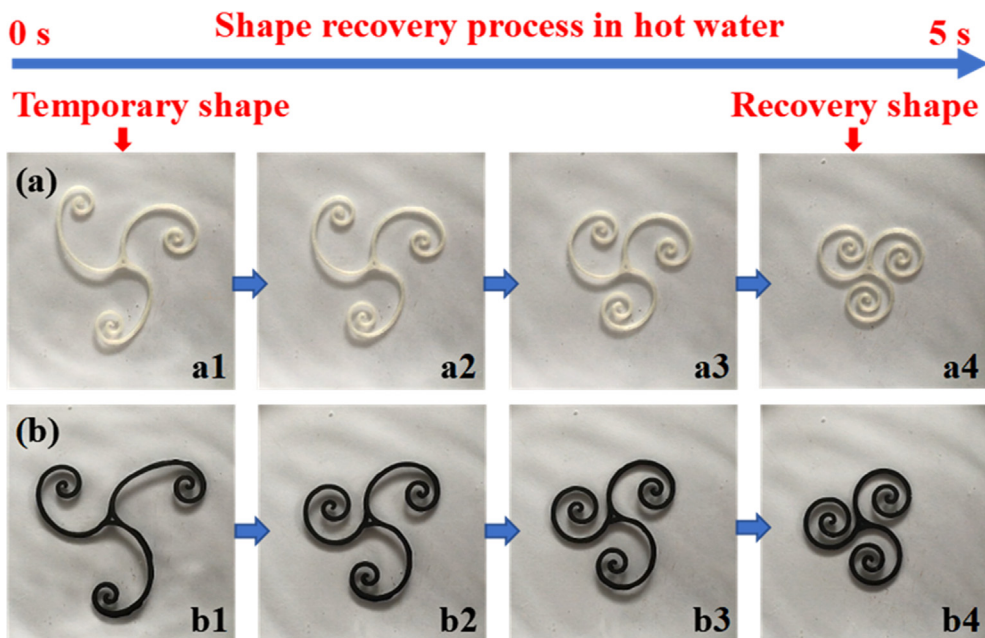


Fig. 3. Deployable behaviors of 4D printed structures in hot water: (a) PLA, (b) PLA/Fe₃O₄. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

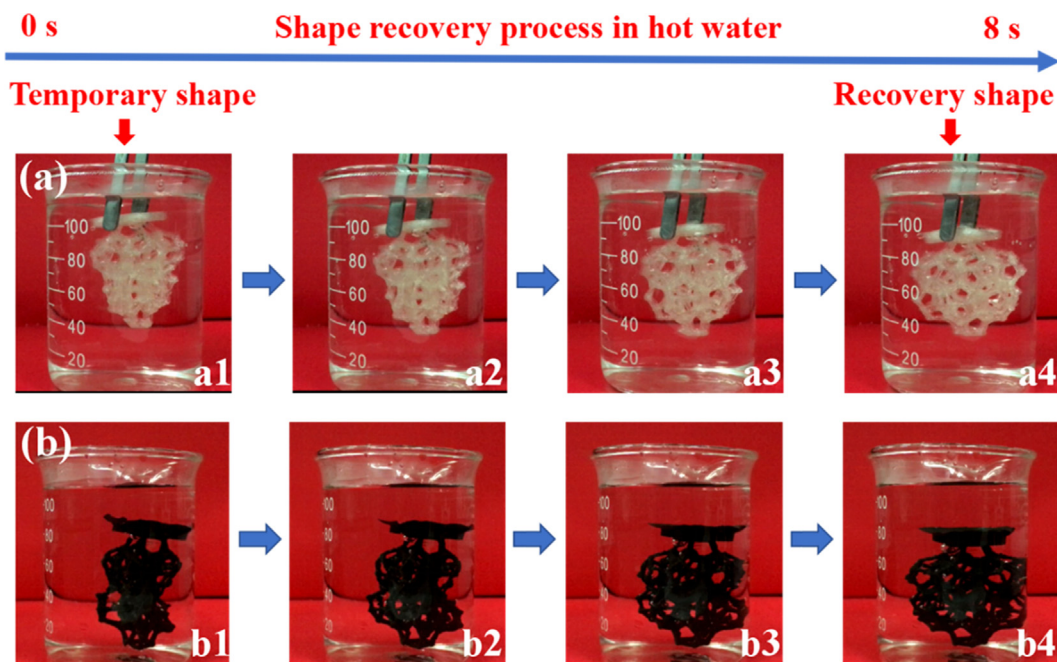


Fig. 4. Expansion behaviors of 4D printed complex structures in hot water: (a) PLA, (b) PLA/Fe₃O₄. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

Table 2
Shape memory properties of PLA/Fe₃O₄ composites at T_{tran} + 20 °C.

Sample\percent	PLA/Fe ₃ O ₄ 10%	PLA/Fe ₃ O ₄ 15%	PLA/Fe ₃ O ₄ 20%
Shape recovery ratio (R _r)	95.6%	95.8%	96.3%
Shape fixity ratio (R _f)	96.5%	96.9%	96.9%
Recovery time	5 s	5 s	5 s

the printing head and printing track to obtain the desired structure. Fig. 1(d) is the printed structure manufactured by PLA and PLA/Fe₃O₄ composite filaments. The samples with porous structures show potential applications in many fields, such as biomedical science.

The PLA/Fe₃O₄ composites with different contents of Fe₃O₄ magnetic particles were investigated. The TGA results illustrated that initial decomposition temperature of these composites with different contents of magnetic particles was more than 300 °C and final decomposition temperature was over 340 °C (Table 1). Initial decomposition temperature (T_d) is defined as the temperature of 5% weight loss and final decomposition temperature (T_{dmax}) is the temperature of no weight change. The TGA results in Fig. 2(a) illustrated that the initial decomposition temperatures of pure PLA and PLA composites with 10%, 15%, and 20% Fe₃O₄ particles are 161.54 °C, 314.42 °C, 311.84 °C and 302.35 °C, respectively. The final decomposition temperatures of the samples are 388.24 °C, 362.79 °C, 354.11 °C and 349.10 °C,

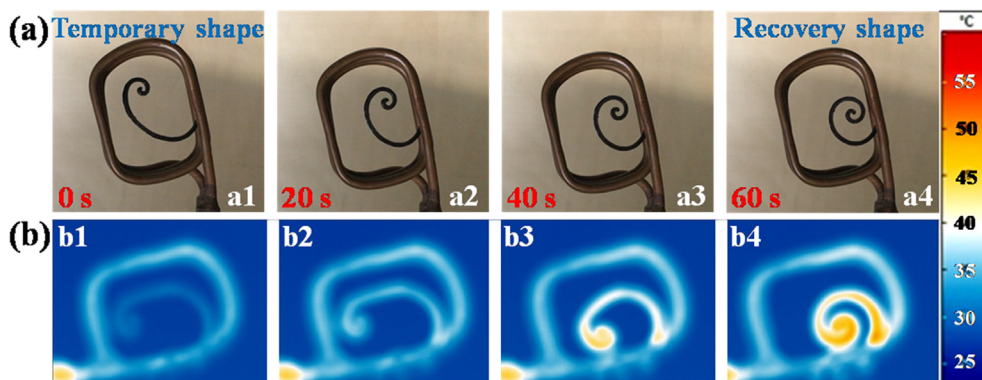


Fig. 5. Magnetic field triggered shape recovery behavior of 4D printed structures with 15% Fe₃O₄ at 27.5 kHz: (a) real process, (b) thermal distribution. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

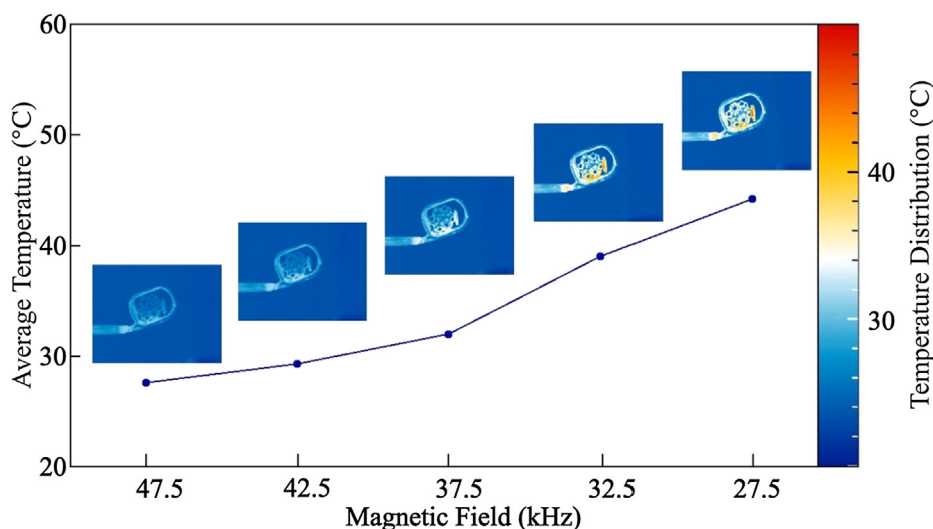


Fig. 6. Relationship between the average surface temperature and triggered frequency in magnetic field of 4D printed structure. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

Table 3
Shape memory properties of PLA/Fe₃O₄ composites triggered by magnetic field.

Sample\percent	PLA/Fe ₃ O ₄ 10%	PLA/Fe ₃ O ₄ 15%	PLA/Fe ₃ O ₄ 20%
Shape recovery ratio (R _r)	95.5%	95.6%	96.3%
Shape fixity ratio (R _f)	96.6%	96.7%	96.8%
Recovery time	14 s	10 s	8 s
Frequency	27.5 kHz	27.5 kHz	27.5 kHz

respectively. The results show that the PLA composites with 10%, 15%, and 20% Fe₃O₄ particles have similar degradation temperatures. From DTG results in Fig. 2(b), we can know that decomposition rate increase with the increasing particle contents. The effects of the added Fe₃O₄ particles on the initial decomposition temperature and final decomposition temperature are contributed to the formation of Fe-O groups. Fig. 2(c) is the DSC curve of PLA/Fe₃O₄ composites, showing the transition temperatures of samples with 10%, 15%, and 20% Fe₃O₄ are respectively around 62.7 °C, 64.0 °C and 66.7 °C. As shown in Fig. 2(d), the storage modulus of the composites is more than 1600 MPa when the temperature is 40 °C. This means that the stiffness of the structure is maintained in the process of shape changing. The modulus of the composites decreases as a function of increasing temperature for all samples with different Fe₃O₄ concentrations. Fig. 2(e) shows the FTIR results of pure PLA and the composites with different contents of Fe₃O₄ particles. From the FTIR results we can see that there is no new peak with the change of Fe₃O₄ nanoparticle concentrations and the peak

attributions were list as follows [38]. The peaks at 2980 cm⁻¹ and 1500 cm⁻¹ correspond to -CH₃ functional group. The IR peaks at 2950 cm⁻¹ and 1400 cm⁻¹ were attributed to -CH vibration. The peak at 1750 cm⁻¹ reveals the stretching vibration of C=O group. C-O-C vibration was characterized at 1150 cm⁻¹, 1100 cm⁻¹ and 1049 cm⁻¹, respectively. The peak near 500 cm⁻¹ can be ascribed to Fe-O group. The transmittance and the relative intensity of peak decrease as the Fe₃O₄ concentration increases.

The shape memory performances of the 2D and 3D structures were investigated in hot water and the process included three steps: (1) The printed sample was deformed at 80 °C; (2) the deformed sample was cooled down at room temperature to obtain the temporary shape; (3) the deformed shape recover the original shape when heated to 80 °C again. As shown in Fig. 3(a) and (b), 4D printed flower structures by PLA and PLA/Fe₃O₄ filaments have a fast response speed and thus, both structures can recover the initial shape in hot water within 5 s. The printed structures consisting of PLA and PLA/Fe₃O₄ showed similar shape recovery process and speed.

Fig. 4(a) and (b) show the printed 3D bone structure based on PLA and PLA composite, respectively. The shape memory treatment process is similar to the 2D structures. The 4D printed bone structure can expand to the initial shape within 8 s. The shape recovering velocity was decreased by 3 s in comparison with the 2D structures because the 4D printed structures were larger with more structural details. The 4D structure made of PLA and PLA/Fe₃O₄ demonstrated similar shape recovery speed of 8 s in hot water.

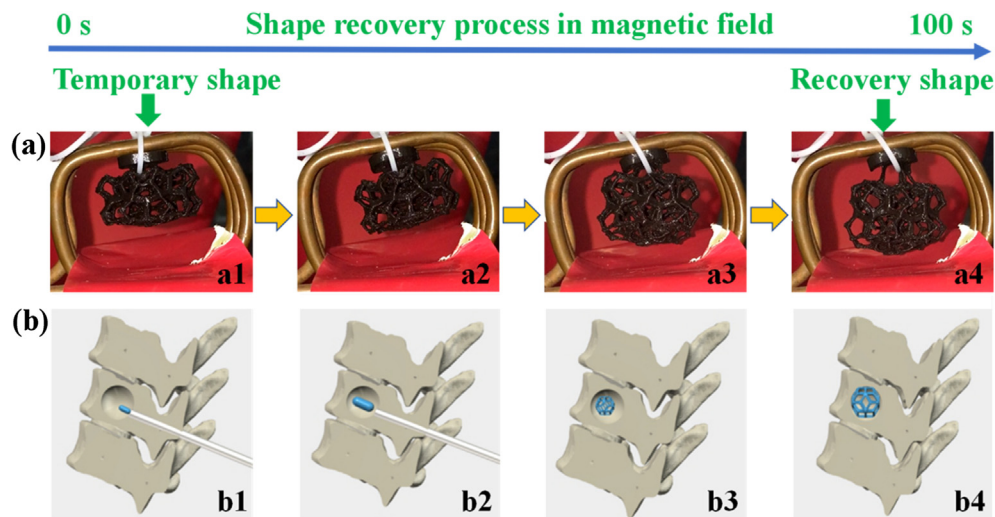


Fig. 7. (a) Shape recovery behavior of 4D printed composite structure in magnetic field, (b) A simulation showing the mechanism of the 4D structure as a bone repair tool. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

The shape memory properties of PLA/Fe₃O₄ composite were calculated by formulas shown in experimental section. Table 2 indicates that the 4D printed structures with different amount of Fe₃O₄ shows similar shape recovery ratio, shape fixity ratio, and recovery time at a temperature which is 20 °C higher than glass transition temperature (T_{tran}). The printed structures were deformed to “U” shape for testing the shape memory performance. The shape recovery ratio and shape fixity were between 95.8% and 96.9%, respectively. In addition, the shape recover time was around 5 s.

Magnetic nanoparticles vibrate in an alternating magnetic field and generate heat. The heat generated provides the energy for shape changing. As shown in Fig. 5(a), the shape recovery behavior of the printed 2D PLA/Fe₃O₄ composite structure occurs when exposed to an alternating magnetic field at 27.5 kHz. The temporary shape returned to its initial shape after 60 s. Fig. 5(b) shows the recovery time and temperature distribution of the 4D printed structure with 15% Fe₃O₄ at 27.5 kHz. The temperature distribution was measured by infrared camera. The magnetic particles were uniformly distributed, inducing a uniform temperature change throughout the structure. The infrared thermograms demonstrated that the surface temperature of the 2D structure was around 40 °C which is close to human physiological temperature and within the temperature tolerance of the body, making it beneficial for the biomedical applications [33]. The reported work presented the same phenomenon [39].

The effect of magnetic field on the average surface temperature is also investigated, playing a significant role on shape memory performances of 4D printed structures. The 4D printed structure is triggered at different frequencies from 27.5 kHz to 47.5 kHz and the average surface temperature results are shown in Fig. 6. The surface temperature distribution of the printed complex structure in the magnetic field is uniform. With the frequency decreasing, the surface temperature increases from 20 °C to 40 °C, indicating that the material and structure design is suitable for tissue engineering.

Table 3 demonstrates that the shape recovery ratio and shape fixity of different 4D printed structures are comparable at around 95.5% and 96.7%. The recovery time reduced from 14 s to 8 s as the Fe₃O₄ concentration increased from 10% to 20% under the same magnetic field. The result indicated that the higher Fe₃O₄ concentrations can enable greater magnetite shape recovery force.

Fig. 7(a) demonstrates the shape recovery behavior of 4D printed structures in the shape of spinal bone. The bone structure can recover its initial shape within 100 s under a magnetic field, indicating the applicability of the 4D structure for personalized bone repair as

different bone sizes can be custom-printed as required to fit the bone defect. A simulation showing the mechanism of the 4D structure as a bone repair tool is illustrated in Fig. 7(b). Here, we envisage that the bone structure is first compressed into a smaller size with memory of its original, large size. It can then be injected into the implant site. The compress structure can expand to the required shape and size in situ upon remote actuation by a magnetic field. Hence, the 4D printed PLA/Fe₃O₄ composite structure has great potential in biomedical applications, including but not limited to the bone tissue engineering example illustrated in this work [27,33].

4. Conclusions

In summary, we have demonstrated the shape memory capability of a range of 4D printed PLA/Fe₃O₄ composite structures. The mechanic and thermodynamic properties were analyzed. The shape recovery process under a specific temperature and magnetic field was characterized. The results indicated that the 4D printed complex structures have great potential functionality in biological and medical applications, including but not limited to bone tissue repair.

Declaration of Competing Interest

Authors declare that there are no conflict of interest.

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